

Please scroll down to the appropriate paragraph
to find what you need for your participation!

Venues

Accommodation

Meals

Conference registrations and fees

General information



Venues

The venue for the Athens center event will be announced shortly.

The venue for our retreat is Mali Veni, an organic farm located in the area of Markopoulo, Attica. We will be sharing home-cooked vegetarian meals from its organic produce.

This is the location on google maps: <https://bit.ly/2rqzp6K>.

To get to the location from Athens airport:

Mali Veni is 15 km from the airport. We plan to arrange for reliable, honest taxi drivers and will post more details about prices etc.

There is also the option of carpooling, we will post more about this soon.

To get to the location from Athens center:

Mali Veni is about 40 km from Athens center. We plan to arrange carpools. Our volunteers responsible for transportation will co-ordinate how we all get there effortlessly and cost-effectively!



What to expect of the space:

We have several options for living together, having our meetings and sharing our meals (three home-cooked meals per day) with the whole group or in smaller groups.

The farm has local produce and we plan to offer a tour or workshop on the land about natural, respectful farming approaches.

We will be using the facilities of the main building for group meetings and for sharing food.

In the main building there are levels:

On the ground floor there is an indoors dining area (accessible to wheelchair); toilets and showers (to be used by everyone and also by those who will stay in the dormitory and in tents (more on this in the 'Accommodation' paragraph); kitchen and fridges to store food (we will have a cook for the meals, a local woman, mother of many children, but we can arrange for you to store your own food if you follow a special diet).

Outdoors dining sun-protected area for meetings or sharing meals, right outside the indoors dining area. We can choose to use this, depending on weather and our preferences.

The first floor is not accessible to wheelchair users due to stairs – if we use this area we will explore ways to facilitate the participation of people who cannot use stairs; there is a sitting area with a couch which can turn into a bed; a three-bed room which we will reserve for anyone to use as a multi-purpose room (e.g. mid-day nap, quiet nursing station, sessions for a small group etc); and a large space with windows all around, filled with natural light, including cushions, chairs, ceiling fans and a piano.

There are some ensuite rooms with 3, 4 or 5 beds in the main building , as well as a dormitory for 12 persons with shared bathroom and shower facilities, which will serve as accommodation and space for tents outside the dormitory.

There are other buildings within a few minutes' walking distance in the farm, which will accommodate us. We will mostly use these spaces for sleeping (rooms with 2 or 3 beds as well as a dormitory for 6 persons). These facilities have shared bathroom and shower facilities at a good ratio.

There is another outdoors place for a large group gathering, with a straw roof and possibility for electricity; we can use this in the daytime or nighttime.

In addition to the above, there are plenty of smaller, more discreet outdoor places in the venue. We will arrange the program in such a way that there will be enough time for exploring and arranging smaller meetings between the participants for deeper connections.

Everything is within walking distance from each other.

Accommodation



Accommodation options vary, depending on doulas' budget and life style preferences:

a. Shared rooms with 3, 4 or 5 beds, small kitchen, fridge, bathroom/toilet; there are several such rooms within walking distance from the Mali Veni farm and the main building where we will be sharing meals. Our accommodation co-ordinators will help you find your preferred room-mates.

b. Shared large room of 12 beds, ground floor of main building, shared bathrooms/toilets.

Shared large room of 6 beds, shared bathroom/toilets

c. Tent right outside the main building, with use of shared bathrooms/toilets on ground floor.

d. Hosted in local doulas' houses. Our hosting co-ordinators will help you find a home.

e. If you prefer to stay in a different setting, there are hotels and airbnb's in the area. You will need to arrange your transportation to and from the venue. Some suggestions of nearby areas to search: Porto Raffi (about 5 km from the venue); Markopoulo (about 6 km from the venue); Vravrona (about 10 km from the venue); Koropi (about 10 km from the venue).

Meals



A local woman will cook for us every day freshly-made, homemade meals from local produce.

There will be two dinners (Friday, Saturday), two breakfasts (Saturday, Sunday) and two lunches (Saturday, Sunday) served.

There will be a small buffet with healthy snacks and beverages in-between meals and during breaks.

We are deciding on the menu based on sustainability principles, some of which have been shared in the guidelines of EDN for hosting countries. If you need to follow a different diet, please let us know and we will see how we can best help you stay well nourished.

We will ask you to please think of our waste-free goal for the event during the meals. There will be a corner for left-overs that will go to animals or compost. Each person will take care of their dishes (empty them and take them to the place where they will be washed).

During breaks there will be refreshments and snacks. We suggest you keep your mug/glass with you so you can re-use it throughout the day. Alternatively you can bring your own re-usable one.

Conference registrations and fees

Thank you for your interest in registering for the 10th EDN Conference in Greece!

In this conference we have made *accessibility* and *sustainability* a priority.

We have worked to include many possible aspects of accessibility as we understand it, which is access to the event regardless of: financial abilities; social class; age; years of doula experience; doula training program; food preferences; health conditions; movement abilities; language. (Other aspects of accessibility, such as sexual orientation, spiritual practice, racial background, etc. may be addressed in the course of the event but they have not made themselves visible in past organizations).

We hold sustainability high up in our priorities with the goal to make this event as 'green' as possible, i.e. have it generate the minimal possible waste for our Mother Earth.

All our decision-making has been based primarily on these two aspects.

For registrations:

To register please follow the steps below:

- Study the accommodation options, fees and time-frames.
- Choose your preference and complete your registration by making the payment to:

Greek Doula Association,

Piraeus Bank,

IBAN: GR52 0171 4420 0064 4204 0031 442.

For alternative ways of payment, please contact us.

- In the receipt please include your name and the phrase "EDN Greece".
- When you have made your payment, please send us the receipt of your payment, so we keep track of participations.

Please note that your registration will be complete upon receipt of our confirmation, after you have paid the full conference fee.

Fees:

As we decided on the fees, we considered the following factors:

We will be together for two and a half days (Friday to Sunday afternoon).

Participants can stay overnight or come in the morning and leave in the evening.

We will have home-cooked vegetarian meals three times per day.

In between meals we will have snacks and refreshments.

All spaces for meetings, indoors and outdoors, and all meals and refreshments are included in the fees.

There are two basic options for participants:

- All-inclusive (includes: conference participation, accommodation & all meals from Friday to Sunday)
- Without accommodation (includes: conference participation and all meals from Friday to Sunday)

Time-frames to register:

Until 30th April 2020

All inclusive, option a: €150

All inclusive, option b: €130

All inclusive, option c: €120

Without accommodation: €100

From 1 May 2020

All inclusive, option a: €180

All inclusive, option b: €160

All inclusive, option c: €150

Without accommodation: €130

General information

There are various lovely beaches nearby (from 6-10 km). We can arrange a trip to the sea in the program, with plenty of time for personal and group connections.

The currency in Greece is euros. If you have other currencies that you need to change from, let us know and we will send you some suggestions.

Meetings will be held in English. However we want to honour the diversity of languages in our network! It will be the responsibility of all of us to make sure that all participants have access to the information shared.